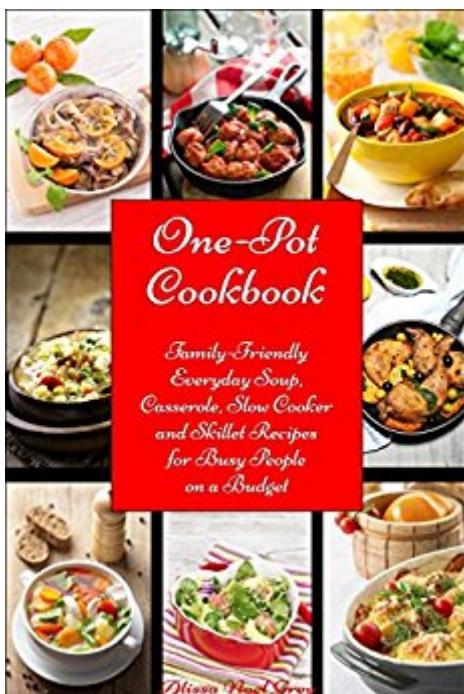


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# One-Pot Cookbook: Family-Friendly Everyday Soup, Casserole, Slow Cooker And Skillet Recipes Inspired By The Mediterranean Diet (Free Bonus: Superfood Salad Recipes) (Healthy Eating Made Easy Book 6)



## Synopsis

Top 70 No-Stress One Pot Dinners - Spend More Time Enjoying Your Meal And Less Time Cleaning UpFrom the author of several bestselling cookbooks, busy mom and fitness enthusiast Alissa Noel Grey,Â comes a great new collection of delicious,Â easy to make family recipes. This time she offers us 70+ comforting and enjoyable one-pot dishes full of your favorite meats and legumes, superfood vegetables and aromatic herbs and spices that are simple and easy to cook whether you need a quick weeknight supper or a delicious weekend dinner. One-Pot Cookbook: Family-Friendly Everyday Soup, Casserole, Slow Cooker and Skillet Recipes Inspired by The Mediterranean Diet is an invaluable collection of delicious one-pot recipes that will please everyone at the table and become all time favorites. If you're looking for easy and healthy everyday recipes inspired by the Mediterranean diet, this cookbook is for you. \*\*\*FREE BONUS RECIPES at the end of the book â “ 20 Superfood Salad Recipes for Vibrant Health and Easy Weight Loss!\*\*\*

## Book Information

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